



**Please note:**

Enrolment will be made through ESSARP's web page. If you have enrolled for a course and will not be able to attend a single session or the whole course, please advise at the Centre as soon as possible. Please ensure a prompt start by planning to arrive in advance of the beginning of the session.

## D997 - Webinar - Literature and Socio-Emotional Learning: Nurturing Empathy through Texts

**Dates:** 29 June from 10:00 hs. to 11:30 hs. - 2024

**Venue:** Distance

**Sessions:** 1

**Minimum attendance for certificates:** 1

**Vacancies per school:** 5

**For:** Secondary English language and literature teachers willing to integrate Social and Emotional Learning in their daily teaching

Please enrol before: **2024, Jun 26th**

**Facilitator(s):** *Ms. María Florencia Borrello MA*

María Florencia Borrello holds an MLitt/MA in Communication, Cultural Studies, Comparative Literature and Foreign Languages from the Universities of Santiago de Compostela (Spain), Saint Andrews (Scotland), and Bergamo (Italy). She is also a graduate English teacher from the I.E.S.L.V. "Juan Ramón Fernández", and holds a postgraduate diploma in English Literature and Linguistics from the Universidad Nacional del Litoral (Ciclo de Licenciatura en Inglés). She has extensive experience as an EFL and ESP teacher at the University of Buenos Aires, School of Engineering, as an in-company trainer and as a workshop facilitator for professional development. She has also taught at both private and state schools, at various language institutes and has worked as a Spanish Teaching Assistant and Cultural Ambassador at Hiram College (USA). She has further specialized in Literature at the I.E.S.L.V. "Juan Ramón Fernández" and her main research interests lie in the fields of Postmodern Alter(ed)native Texts, Derridian Deconstruction and the Digital Humanities.

**Objectives:** Social and Emotional Learning (SEL) is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions. The purpose of this workshop is to take advantage of the pedagogical potential of short stories to delve into Social and Emotional Learning. We will delve into the intersection of literature and socio-emotional learning, and explore methodologies to use literary works as a catalyst for empathy development, enabling students to navigate complex emotions and perspectives through textual exploration. To this end, we will read some stories and carry out some activities in order to encourage discussion among participants.

**Contents:**

- General overview of the state-of-the-art theory and definition of SEL
- Discussion and exploration of the instructional methods commonly used in SEL
- Discussion and exploration of different short stories that delve into SEL
- Discussion of the importance and/or effectiveness of SEL in school and life success

**Bibliography:** American Institutes for Research (2017). Center on Great Teachers and Learners: Social and Emotional Learning in the Daily Life of Classrooms. Retrieved from <http://www.gtcenter.org/technical-assistance/professional-learning-modules/social-and-emotional-learning-daily-life-classrooms>  
Edutopia (2017). Social and Emotional Learning. Retrieved from <https://www.edutopia.org/social-emotional-learning>  
Edutopia. (2014). A Parent's Resource Guide to Social and Emotional Learning. Retrieved from <https://www.edutopia.org/SEL-parents-resources>  
Robert Wood Johnson Foundation (2017). Social and Emotional Learning: A Series of Resources on the Importance of Supporting Children's Social and Emotional Learning and Development so that They Can Lead Healthier, More Successful Lives. Retrieved from <http://www.rwjf.org/en/library/collections/social-and-emotional-learning.html>  
Schonert-Reichl, K. A. (2017). Social and emotional learning and teachers. *Future of Children*, 27(1), 137-155.

**Methodology:** Presentation and discussion of the definition of SEL. Exploration of the instructional methods commonly used in SEL. Discussion and exploration of different short stories that delve into SEL.  
Guided group reflection and exchange of ideas on the main issues raised by the theory and the hands-on practice regarding the importance and/or effectiveness of SEL in school and life success.